

# Doctors, and Modern Medicine

**I have encountered some teachings from Messianics which condemn the usage of modern medicine. What is your opinion on this? Do you have a problem with Believers consulting modern medical doctors?**

Those who do not consult medical doctors, be they Messianic *or* Christian, often do so from the theological presupposition that going to the doctor is a so-called “lack of faith,” and that all physical problems are likely caused by one’s spiritual condition. These beliefs or opinions are usually those of a small few, and do not by any means represent a majority in the Messianic movement. As a ministry, we do not condemn consulting medical doctors or modern medicine. Luke himself, author of the Gospel of Luke and the Book of Acts, was a medical doctor. It is for that reason why in his Gospel he painstakingly describes the physical act of the death of Yeshua.

With this said, while we would never condemn anyone for consulting a medical doctor, it is safe to say that not all physical ailments need be remedied with modern medicine. Eating properly and exercising regularly are absolutely needed for proper health, and are often the solution for many problems that some believe will only be solved by a “pill.”